

## Bundoran Discovering BEGINS-HERE

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We have done our best to have all information as accurate as possible, please call ahead or check the websites or social media channels of the places you wish to visit to avoid disappointment.

Our online guide at www.discoverbundoran.com/events and social media channels should always be checked for the most up to date information.

## Fáilte!

## Welcome to Bundoran!

Bundoran here in County Donegal has been a staycationer's favourite for hundreds of years offering a multitude of activities, family accommodation, eating and drinking opportunities and entertainment options as well as spectacular outdoor amenities and unrivalled views on the Wild Atlantic Way.

Known as Ireland's #SurfCapital, the Donegal seaside town is a haven for outdoor sports enthusiasts with many sporting activities catered for in the town while walking on the famous Roquey Cliff Walk is a must for that end of day relaxation. For the more adventurous, year round outdoor swimming is available in two man-made freshwater pools (Thrupenny & West End).

If it's tradition you're after, check out Bundoran's original tourist attraction — the Fairy Bridges and Wishing Chair. So called as locals believed this natural sea arch to be haunted by fairies.

For family fun, Waterworld is open weekends until the end of June and daily for July and August with its numerous slides, pools and other water attractions - there's four sessions daily in July and August so make sure to book early to avoid disappointment! Next door, Bundoran Adventure Park is right on the seafront with its fairground atmosphere and fun carnival rides including the View Wheel offering stunning panoramas of Bundoran from 36 metres above the ground! Other family favourites include our indoor amusements, bowling alley and 6 screen multiplex.

Finally, don't be caught short for something to eat or drink or indeed somewhere to stay! From hotels to B&Bs to self-catering and hostels, every budget is catered for while you won't go hungry with Irish and international cuisine with dining options right across town.

For the latest updates from gigs to events and more, see our website www.discoverbundoran. com or check out our social media channels by searching "Discover Bundoran" or find our podcast "The Bundoran Weekly" on your favourite podcast app.

Discovering begins in Bundoran! We look forward to welcoming you!

**Shane Smyth Bundoran Tourism Officer** @MrShaneSmyth















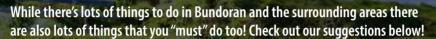
Get around the area easily! Download our town and area map from www.discoverbundoran.com/downloads



The Bundoran Weekly Podcast Listen every Friday on your favourite podcast app or at: bundoranweekly.com







#### Make a wish in the wishing chair!

It is said that the fairy power is strong along the Roguey Walk and a wish on the infamous "wishing chair" at the Fairy Bridges is a must. (For more see page 10-11)

#### Enjoy some home cooked food

Our restaurants and cafes are renowned for their homemade treats – be they a full lunch, dinner or a tasty savoury for afters. Many of the food providers in the town avail of the multitude of locally grown vegetables as core ingredients and locally sourced beef and poultry products. (For more see page 14 - 15)

### See Bundoran from 36 metres above ground

The View Wheel is in place throughout the summer months at Bundoran Adventure Park offering stunning 360 degree views across Donegal Bay and right back to the Dartry mountains of County Leitrim.

#### Make an Insta moment!

Our selfie trail is dotted with great spots to take a great selfie and now you can check out our new angel wings mural at the beach and upload your picture directly to social media using the free wi-fi!

#### **Watch a Bundoran sunset**

Catch one of our famous Bundoran sunsets from lots of great spots along our coastline!



Check out discoverbundoran.com/ activities for more infomation

#### **Check out some Bundoran history**

Not only is Bundoran famous for music but it also has a rich history in military, railway and of course tourism. There are many artefacts on display in the town's museum which is located at Bundoran Community Centre.

#### Enjoy the fun of the Farm

Castle Adventure Open Farm is located on the grounds of the historic Wardtown Castle outside Ballyshannon and provides a fun experience for all the family. www.openfarm.ie

#### Stroll our famous cliff walks

From the Roguey Walk to the West End walk there's no better way to get rid of the cobwebs. These fully lit walks offer spectacular views of the Wild Atlantic Way and Donegal Bay whether you're out and about first thing in the morning or late into the evening.

#### Check the surf before you get here

Our webcams are giving live 24/7 views of the Peak surf break and of Main Beach. You can access them at www.discoverbundoran.com/webcam

#### **Rock Pooling**

Bundoran's coastline is rich with all sorts of marine life — download our "Rock Pool Bingo" card from www.discoverbundoran.com/downloads

#### Walk with a Llama

A unique experience with the Vaughan family at their Campview Farm in Ballyshannon — walk a llama on the Erne Estuary! www.campviewfarm.ie







## Fun for the cubs

For fun for the whole family why not bowl away the afternoon or evening at Globowl 10 pin bowling just above Macks Amusements.

8 computerised bowling lanes await the professional or amateur bowler. Check out the latest Driving Games, Dance Machines, Video Games, and more while you're there! www.bundoranglowbowl.ie

Call into the course of the up a free map and information Call into the tourist office to pick









## **Our top choices!**

**Horse riding** - Donegal Equestrian Centre www.donegalequestriancentre.com

**Go-karting** - of the more traditional variety is available from the purpose built track at Bundoran Adventure Park.

www.facebook.com/BundoranAdventurePark

**Kayaking** - Enjoy a sunrise, sunset or daytime coastal adventure tour by kayak from Bundoran Pier with Donegal Bay Adventure.

**Cliff Jumping** - On a full flat tide it is a great venue to take the plunge — but we would advise you to always get the advice of the lifeguards and for anyone intending to go off the higher ledges only on the calmest of days.

SUP Stand Up Paddleboarding - The newest of all the popular adventure sports in Bundoran - SUP Dude run regular lessons all around the area. www.facebook.com/supdude.ie

**Surfing** - Bundoran is widely regarded nationally and internationally as the Surf Capital of Ireland with 2 surf schools, board and wetsuit hire also available. World class beach and reef breaks. Find out more about surfing in Bundoran on pages 12 - 13.

**Sea Swimming** - With two outdoor pools in Bundoran, you're spoilt for choice if you want to enjoy an early morning dip to start the day off just right or relieve the stresses of a busy one! \*The West End Pool and the Thrupenny Pool are ideal locations to chill out on those hot summer days.



\* Please note that the West End Pool is in a residential area and patrons are asked to park responsibly.









Coming from South to North, Bundoran's Tullan Strand is proud to be the first Discovery Point you will meet in County Donegal on the Wild Atlantic Way and what a place to start! With scenicviews for 360 degrees you can see back into Mullaghmore, County Sligo and across Donegal Bay to the magical Slieve League Cliffs.

As you begin the Roguey Walk Experience, you will arrive at the stunning Fairy Bridges — sea stacks hundreds of years old and Bundoran's original tourist attraction back in the 1800s. However, it is believed that as far back as the 1700s locals thought these to be haunted by the fairies with the result of the name "The Fairy Bridges".

While you're there, take a seat on Bundoran's own Wishing Chair. It is said that many of the town's famous visitors over the years have sat here overlooking the wild Atlantic Ocean - from poet William Allingham to golfer Christy O'Connor to Viscount Enniskillen to 10 times world champion surfer Kelly Slater — they're all believed to have sat in Bundoran's famous Wishing Chair located at the Fairy Bridges at Tullan Strand.





## **Wishing Chair Ritual**

Legend says it is advised to approach the chair with caution lest the powers of the chair be disrupted. Wishers are advised to sit down slowly holding on to both "arms" of the chair and then pause for at least 15 seconds to take in the stunning scenery that surrounds them Donegal Bay to their left, Tullan Strand straight ahead and the Dartry Mountains to the right.

It is useful to contemplate the figures, possible heroes and heroines who may have sat in the chair in times past, before making their wish which must be done in silence and kept private to the wisher in order to increase the chances of it coming true. Finally it is believed that tapping the seat twice as you get up will give your final commitment that your wish is a genuine one.

The Fairy Bridges and Wishing Chair is a designated sefie spot on the town's official Selfie Trail - for more locations on the trail see: www.discoverbundoran.com/selfie





# SurfCapital

## Surf at its best

One of the things that sets Bundoran apart is its wide array of options for all surfers whether at Tullan Strand, Main Beach, The Peak or nearby Rossnowlagh or Streedagh.

Beginners & improvers - We would strongly advise all beginners or those who've been surfing only a handful of times to take a lesson with one of the excellent surf schools in Bundoran. The schools are all approved by the Irish Surfing Association and just like a beginner skier would never start out on a black run, this way you have an experienced coach and lifeguard to make sure that you have a safe and fun experience at the right beach for the conditions.

Intermediate - Whether you just plan to rent equipment or you have your own boards - all the surf schools will be happy to help you out. All rent boards and wetsuits but will also be happy to just dispense some advice. Tullan Strand is an excellent beach for those who've progressed beyond lessons. Its famous for being considered Ireland's most consistent beach break with waves right along the stretch of golden sand with a wave for almost every level of surf.

Advanced - The Peak and other reef breaks. It's no coincidence that Bundoran has hosted many Irish and International tournaments. Its world class waves and friendly people make it a perfect hosting venue. Most of the world's best surfers, including Kelly Slater and Mick Fanning have visited Bundoran to catch waves on the Peak. These breaks are for very experienced surfers only.



Tow-In and Big Wave Surfing - In 2020 local man Conor Maguire surfed the largest wave ever to hit the west coast of Ireland. Waves at nearby Mullaghmore have made national and international headlines in recent years - this type of surfing only for the trained professionals - it's fun to watch though!

## **Inclusive Surfing**

For those who want to experience surfing and have an additional need that excludes them from mainstream opportunities there is Liquid Therapy! A surffoundation. that provides a range of inclusive programs. To find out more visit www.liquidtherapy.ie

Photo: Main Image -@coratellarenan @\_vik52\_, @oisin\_dowling, @marks\_outside @natasha.cerqueira, DELS, @jem\_avocado, John Carver, Viktor Szentesi, Sea Sessions @christhefox91 @lighthouse.industries, @studyaboardireland @hannafuzeshi





## Food&Drink Taste our place...

Bundoran's food scene is thriving, and is proud to be home to award-winning food businesses. Buoys & Gulls Coffee Shop at West End features in the 2021 100 Best Places in Ireland from John & Sally McKenna while Madden's Bridge Bar has been listed in the Lucinda O'Sullivan "Great Places to Stay & Eat" in 2022.

Many of our cafes and restaurants have been operating outdoor dining facilities since the pandemic and continue to do so in 2023. We hope the sun shines and that you'll enjoy the chance to dine alfresco on your visit!

Good mainstream food reflects the demand for a more relaxed dining experience which is evident with the wide variety of cuisines from which to choose — Indian, Chinese, Italian, pizzas, seafood, your European menu and some of the finest steaks you'll eat anywhere with locally sourced beef. Several eateries are family friendly thus helping to make Bundoran a more welcoming town.

Where possible, chefs across town like to support local suppliers with none more local than Bundoran Community Garden in the West End which produces top quality organic produce overlooking Donegal Bay. Frizzell's Craft Butchers are members of the "Support Your Local Butcher" initiative — a craft butchers group aiming to deliver quality to their customers all over Ireland.

In-house homemade treats are a speciality in several cafes across town - freshly baked scones and breads each morning topped with delicious homemade jams and all proudly supporting artisan and local food suppliers using natural and local ingredients.

You can wash your meal down with a fine wine or maybe even a craft beer, Donegal Blonde brewed just 6km away in Ballyshannon

If you prefer to cook at home a wide variety of fresh produce is available from local supermarkets and providers!





## Getting Here



#### **Approximate Distances**

Dublin - 128 miles /205 km - 2.5 Hours
Belfast - 112 miles /180 km - 2 Hours
Sligo - 26 miles / 41 km - 30 Mins
Knock - 55 miles / 89 km - 80 Mins
Derry - 73 miles /117 km - 1.5 Hours
Galway - 107 miles / 173 km - 2.5 Hours
Shannon - 149 miles / 241km - 3.5 Hours
Limerick - 160 miles / 259km - 3.75 Hours
Cork - 223 miles / 359 km - 5 Hours
Athlone - 93 miles / 149 km - 2.25 Hours
Rosslare - 231 miles / 372 km - 5 Hours

#### **By Car**

Bundoran can be reached by the following routes:
From Dublin via Cavan, Enniskillen N3
From Dublin via Sligo N4-N15
From Galway via Sligo N17-N15
From Belfast via Omagh M1-A5-A32
From Belfast via Enniskillen M1-A4-A46

#### By Coach

Regular services operate to/from Bundoran offering connections to Dublin, Galway and Belfast. For timetables and fares contact: www.buseireann.ie Tel: +353 (0)71 91 60066 www.ulsterbus.co.uk Tel: +44 (0)28 90 666630 www.feda.ie Tel: +353 (0)74 95 48114

## By Rail

For timetables and fares contact: www.irishrail.ie
Tel: +353 (0)71 91 69888

## Bv Air

Nearest airports are at; Donegal (Carrickfinn), Ireland West Airport Knock, Derry City, Belfast International and George Best, Belfast City. Airports are only 1 - 2 1/2 hours away and Dublin International Airport is only 3 hours away. For details of routes, airlines and flight frequency see airport contact website below;

www.donegalairport.ie - Donegal (CFN)
www.irelandwestairport.com - Ireland West (NOC)
www.cityofderryairport.com - Derry (LDY)
www.belfastairport.com - Belfast INTL (BFS)
www.belfastcityairport.com - George Best (BHD)
www.dublinairport.com - Dublin (DUB)

For the latest on inbound travel to Ireland from abroad see the Department of Foreign Affairs website (dfa.ie) or consult your local Irish embassy.



## Getting About

Once you're here, there's lots of different options for getting about the area.



Walking is the most obvious one. While Bundoran is a long town it's still quite compact and easy to get around with everything within walking distance. You can access our two cliff walks very easily and enjoy the fabulous views of Donegal Bay from both.

## Taxi

A number of local taxi services will run you home at the end of a night out, drop you from one end of town to the other, to the bus station or even to the airport. Certain taxis can also be privately booked to bring you on a personalised tour of the region.

## Cycling

Bundoran is on the Euro Velo 1 route and has a number of signposted cycle routes as part of the Northwest Trail. If you haven't brought your own bike though don't worry! Bicycles (both push and electric) can be hired right here in town at Murfs Surf School. The friendly and knowledgeable staff will be happy to advise you on some local scenic routes to try out.



For more suggestions about what to do in the area, call into the Tourist Office at the Bridge during your visit and speak to our helpful staff.

### Bus

Bundoran is well served with many bus routes including those provided by Bus Eireann, Ulsterbus, Local Link and Feda O'Donnell (Bus Feda). Local Link operates regular services between Kinlough, Ballyshannon & Sligo while Bus Feda operates twice daily to Galway and Gweedore. For connections to Dublin Airport and Dublin City Centre, Bus Eireann's Route 30 service from Ballyshannon offers a choice of 13 departures daily. Ulsterbus operates a Bundoran to Enniskillen service 6 days per week all year round while route 64 from Bus Eireann will bring you to Derry or Galway up to 5 times per day. Senior passes are accepted on all bus services.

## **Bus Stops**

Local Link stops at the Tourist Office and East & West Bus Stops. Bus Feda stops at the Tourist Office/Holyrood Hotel. Ulsterbus stops at Astoria Road and all Bus Eireann services stop at East & West Bus Stops.





## Stay

## A place to stay & facilities...

From three 4 star hotels to luxury B&Bs and self-catering apartments to top class conference and sports facilities, whatever the size of your group – two for a quiet getaway, a family for a reunion, a sports group to do some bonding and training or a conference with hundreds of delegates, Bundoran can look after you!

## A lot of accommodation

With 4 hotels, numerous self-catering apartments, hostels, B&Bs and houses to rent in Bundoran, all budgets are catered for.

Click www.discoverbundoran.com/stay for more on the options available in all corners of the town.

## Bundoran's Accommodation

Allingham Arms Hotel www.allinghamarmshotel.ie

Atlantic Apartotel www.atlanticapartotel.ie

Fitzgerald's Hotel www.fitzgeraldshotel.com

Great Northern Hotel www.greatnorthernhotel.com

Holyrood Hotel www.holyroodhotel.com

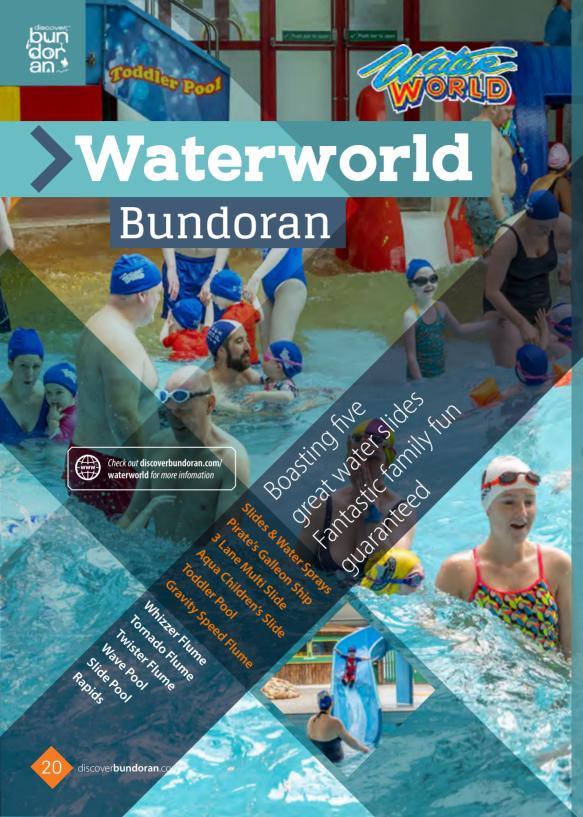
Portbeg Holiday Homes www.portbegholidayhomes.com

Surfers Cove www.surferscove.com

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For more suggestions about what to do in the area, call into the Tourist Office at the Bridge during your visit and speak to our helpful staff.





## **FUN FUN FUN..!**

Here at Waterworld our completely enclosed indoor waterpark ensures a fun filled water based adventure, where you can enjoy the waves without the sand and the heat without the sunscreen!

Nestled on the Wild Atlantic Way, Waterworld offers an exciting day out for the whole family where golden sand beaches, cliff walks and rock pool adventures are within a touching distance of the thrills and spills of our indoor aqua land!

Our three leisure pools are best catered to those who are very young through to the early teenage years with a host of slides, features and attractions that will entertain, thrill and excite your whole family!

Please note that swim hats are now compulsory. A new gift shop has been added for 2023 which will stock all the accessories you need for the pool as well as Waterworld branded merchandise, snacks, teas and coffees.

Scan here to book

Pre-booking now is essential visit www.waterworldbundoran.com/booking for dates, prices, terms and conditions.
Call us on +353 (0)71 9841172 for any other queries.

We boast five great water slides including the fastest in the country; The Gravity! along with a rapids and wave pool where your family will while away the hours whatever the weather is doing outside.

Waterworld delivers a customer focused, inclusive environment with a host of additional ammenties to make your visit just a little more relaxing! Our on site vending, hair dryers, family changing and Additional Needs facilities are all provided to service your families requirements



Ca up

Call into the tourist office to pick up a free map and information

Photos: Waterworld discover **bundoran**.com









## Must See...



Call into the tourist office to pick up a free map and information

## Places to visit

Setting up base in Bundoran puts you in a perfect position to access spectacular attractions in Donegal, Leitrim and Sligo.

Just 6km away, Ballyshannon is Ireland's Oldest Town and is steeped in culture and heritage. It's also the birthplace of world famous guitarist Rory Gallagher, the home of poet William Allingham and the mother of Bram Stoker — author of Dracula!! Check out Ballyshannon museum, Campview Farm and Castle Adventure Open Farm for some family friendly activities.

For a great day trip from Bundoran why not pack the picnic basket and head south to the Gleniff Horseshoe in County Sligo. The horseshoe is a 9km drive around a valley ringed by Tievebaun, Truskmore, The Hills of AnnaCoona and Benwiskin mountains and home to Diarmuid and Grainne's Cave. Whether you drive it or walk it, it's one not to miss.

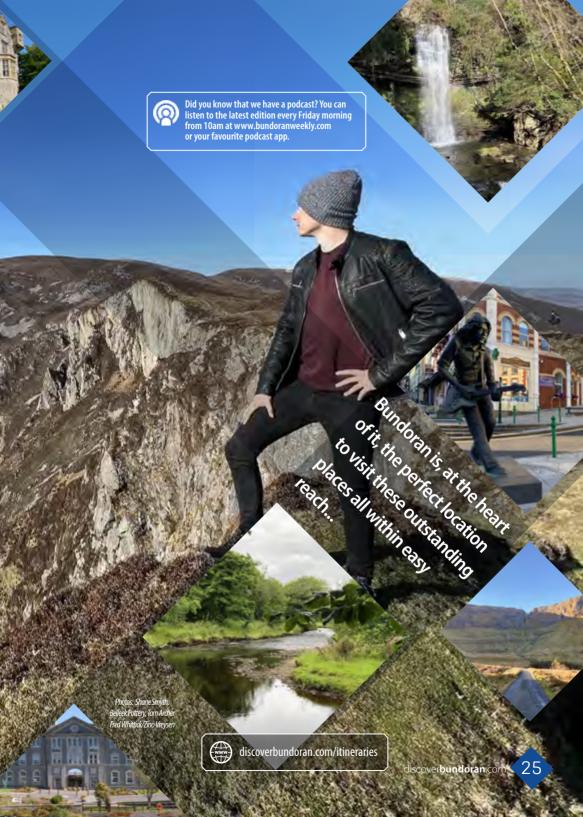
On the far side of the horseshoe is Glencar Waterfall, which inspired some of poet W.B Yeats' finest work. Close by is the Sruth in Aghaidh An Aird (The Devil's Chimney) — Ireland's tallest waterfall with some nice walking trails too. Mullaghmore is another of the signature discovery points on the Wild Atlantic Way and shouldn't be missed.

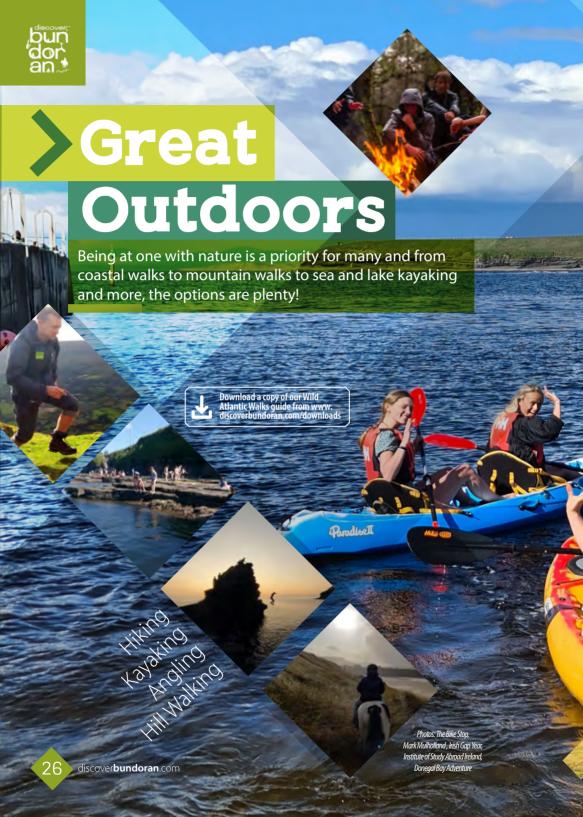
A trip to Donegal Town isn't complete without taking in three of its top attractions — Donegal Castle, The Railway Heritage Centre and the Donegal Bay Waterbus. Cruise around Donegal Bay in the 160 seater Waterbus. Donegal Castle, is nestled right in the heart of Donegal Town. It was built by the O'Donnell chieftains in the 15th Century, beside the river Eske and then rebuilt in Jacobean style in the 16th Century by Sir Basil Brooke. Guided tours are available. For the railway enthusiast, the Donegal Railway Heritage Museum is also a must.

Instead of going north, you can also go east into Northern Ireland and take in the wonderful Marble Arch Caves (49km from Bundoran). Visitors are guided through a fascinating natural underworld while stunningly beautiful cave formations glisten all around. Nearby is the now famous "Stairway to Heaven" boardwalk at Cuilcagh mountain. Spectacular views await climbers when they follow the Legnabrocky trail to the summit — the highest point of both counties Fermanagh and Cavan at 665m elevation.

Just a short drive across the border from Bundoran is Belleek Pottery, one of Northern Ireland's most popular visitor attractions. While there take a trip to see the Magho viewing point at Derrygonnelly which provides an expansive vista across Lough Erne.

For current opening times check attraction websites or social media before making your journey.









## **Festivals**

## Events & Live Music

Entertaining is what Bundoran loves to do — from festivals and events to live music and concerts, all year round there's always something happening. It could be Kasabian rocking the Sea Sessions main tent or it could be the more intimate weekly trad session at George's or one of the weekly country music dances at the Allingham. Whatever your taste, there's bound to be something to suit you!

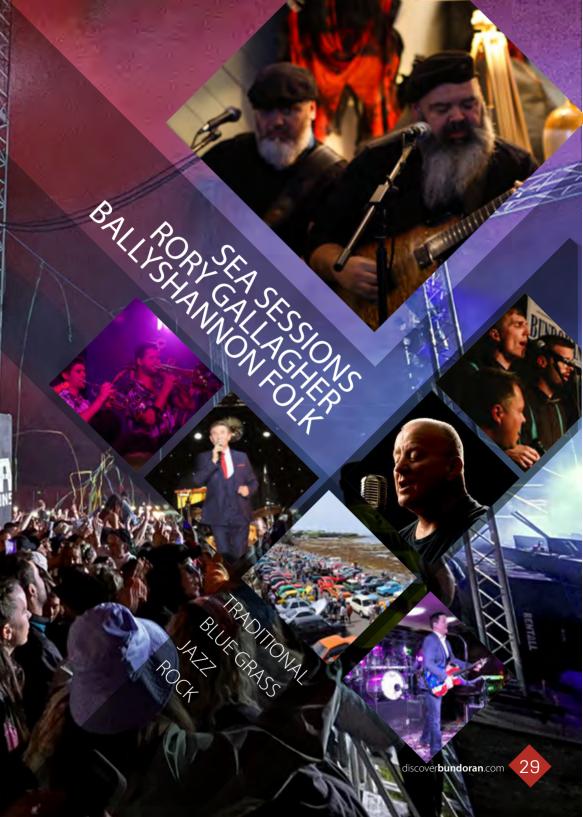
Music is a major part of the town's heritage with the dancehall tradition continuing to this day with Ireland's top and up & coming country singers performing each weekend at the Allingham Arms, at country music festivals or events. Throughout the summer season you'll find music nightly in pubs from one end of Bundoran to the other. For the traditional music fan there's a weekly session (Sundays at 4pm) in George's Bar on the Main Street. Madden's Bridge Bar hosts a music session every Friday night while the Bank Bar hosts the monthly Rougey Jazz Club. Later in 2023 we will welcome the one and only Daniel O'Donnell, Christy Moore and the Wolfe Tones to the Great Northern Hotel while other venues will present top class acts throughout the year.

Events will play their part too. We look forward to the annual Sea Sessions Surf & Music Festival in mid-June with world renowned acts like Kasabian, Becky Hill, The Coronas and Inhaler. The Bundoran Bay Swim happens on July 29th with the Emergency Services Open Day guaranteeing a fun family day in August. In September, Bundoran welcomes the World Matchmaking Festival — a ten day event for those seeking love, romance, friendship or just a party. Confirmed artists include Robert Mizzell, Tumbling Paddies, Derek Ryan, Abbaesque and lots more. In October we'll celebrate Halloween with our annual pumpkin parade through the streets of Bundoran on October 31st.

Make a date with Bundoran this year by checking our event guide on page 42 or keep right up to date as events and gigs are added by checking out www. discoverbundoran.com/events



Check out discoverbundoran.com/ gig-guide/ for more infomation





# Golf Angling

## Well above par

Bundoran Golf Club, founded in 1894, one of the oldest golf clubs in Ireland, is a cliff top links on a rugged headland jutting out into Donegal Bay on the Wild Atlantic Way.

Set against the background of the magnificent Dartry Mountains our golfer friendly course, situated in the town, has panoramic views of the Atlantic Ocean and should the wind blow it will present a challenge to all golfers.

Surrounding the Course you will see locals and visitors enjoying the famous cliff edge Roguey Walk, stopping at the Fairy Bridges, you may see surfers enjoying the waves at The Peak and

Tullan Strand and marine visitors such as dolphins and seals. Bundoran GC, designed by Harry Vardon, is a testing 18 hole adesign philosophy was " to give pleasure to golfers of all degrees".

We are sure you will enjoy your golfing experience and the warm welcome you will receive in the golf club. Bundoran GC is one of the joint hosts of the West Coast Challenge.

Facilities include a practice area, putting green, bar, restaurant and Pro Shop.
For more information and to view the Course video, please visit:

www.**bundorangolfclub**.com Tel: 00353 (0)71 98 41302 Email: info@bundorangolfclub.com



Check out discoverbundoran.com/ golf for more info

## Get Hooked...

In the town itself we are lucky enough to have some of the best shore angling marks in the country.

Tullan Strand and the town's main beach both offer first class fishing for Flounder, Turbot, Seatrout and Ray to name just a few species, with rock marks at Rougey and the town's West End providing plenty of action with Pollock, Wrasse, Conger and Cod and much more.

Being on the wild Atlantic coast the boat angling is as good as anywhere in the world, literally anything is possible! During recent fishing seasons over 50 species of fish were landed by the local charter boats. In summer months the rich Atlantic waters are teeming with feed which creates a very diverse fish population.

Everyone can be catered for here, whether you would just like an evening mackerel and pollock fishing trip or to go for a fish of a lifetime such as shark, skate or even a giant bluefin tuna, Bundoran has it to offer.

For the game angler there is nowhere better.

3 miles south of Bundoran we have the fantastic Lough Melvin which offers world class fly-fishing for wild brown trout and salmon.

Lough Melvin is famous all over the world for its unique species of trout which are the beautiful gold bellied gillaroo and the hard fighting black sonaghan.

The River Drowes is a well-known river for its prolific run of wild Atlantic salmon. Nearly every year the first salmon in Ireland is caught on this small and beautiful water. Another 4 miles west of the town is the Bunduff River.

This river also has a great run of salmon and offers great sport in July, August and September.

Just northeast of Bundoran at the end of a refreshing walk across the fantastic Tullan Strand you will find the famous Erne Estuary. This is without doubt one of the finest if not the finest seatrout fisheries in Ireland. Finally, within 5 miles of the town we have numerous lakes for pike and coarse angling.



Check out discoverbundoran.com/ angling for more info

# Tours & Trails





Call into the tourist office to pick up a free map and information

## **Bird Watching**

Several species of birds inhabit our coastline — check out our bird guide at Main Beach or download our "Bird Bingo Card" from our website www. discoverbundoran.com/birdwatching

## **Murals**

Bundoran has become famed for its many murals which are located on premises all over town. Make sure to check out one of our most recent additions—The Angel Wings and Bundoran murals at Main Beach! More at www.discoverbundoran.com/murals

## Walking Tour

Our informative and lighthearted town walking tour runs throughout the summer months from the Tourist Office giving a guided tour of the town and talking about the history of the town from music to military to railway — all in just one hour. This is a great way to orient yourself in town and get a quick overview.

## **Brewerv**

In Ballyshannon, take a tour of the Donegal Brewing Company located in the heart of the oldest town in Ireland and find out how "Donegal Blonde" is made.

## Sculpture

Bundoran is home to many sculptures created by the talented local artist pool that exists in the area — from the Rock Of The Birds monument that overlooks the Peak surf break, the Triskle Heads at Bundoran Library and numerous others dotted around town. Download the guide at www.discoverbundoran. com/downloads

## **Selfie Spots**

Who doesn't love a selfie? Our selfie trail takes in all the best places in town to get that perfect picture — from scenic views, to sculptures to some colourful characters! Click **discoverbundoran**.com/selfie to find out more.



For more suggestions about what to do in the area, call into the Tourist Office at the Bridge during your visit and speak to our helpful staff.



## Wellness & Relaxation

## A break for the body and the soul

Since the 1700s, visitors have been coming to "bracing" Bundoran for the healing powers of the Atlantic sea air and the general feeling of peace and tranquillity along the coastal walks and golden sandy beaches.

From spa treatments to massages to saunas, jacuzzis and seaweed baths, relaxing and pampering can be top of your travel list when you get to Bundoran.

Providers like the Japanese Garden themed Spa @ Orchids at the Holyrood Hotel, Bundoran Physiotherapy and Seclusion Spa will ensure that your visit will leave you feeling refreshed and energised and ready to face the world! Treatments are available in the town centre or in the heart of the Bundoran countryside, with relaxation and rejuvenation the top priority.

Add the natural vitamin "sea" to your visit with a head-clearing walk around our coastal trails. Walking is a low-impact activity that can have a significant impact on mental wellbeing, with the natural beauty of Bundoran and its coastline making it the perfect place to enjoy a leisurely stroll.

Don't forget the local produce like fresh seafood from the Atlantic and local organically grown vegetables are often used to create dishes in our restaurants that are not only good for the body but also for the soul.

If you're looking to escape the stress and pressures of everyday life, take a break in Bundoran and experience the many wellness and relaxation options it has to offer.

For more suggestions about what to do in the area, call into the Tourist Office at the Bridge during your visit and speak to our helpful staff.







## Travelling The County

#### **Malin Head**

(150km from Bundoran) is Ireland's most northerly point and the filming location for Star Wars - The Last Jedi. It's one of the three Donegal signature points on the Wild Atlantic Way and a must see part of the county! While you're there, check out the Inishowen 100 Drive, get your picture taken with an Alpaca on the Wild Alpaca Way, play a round at Ballyliffin Golf Club (home of the 2018 Dubai Duty Free Irish Open) and learn about the Flight of the Earls at Fort Dunree.

## The lighthouse at Fanad Head

(118km from Bundoran) is one of the 12 Great Lighthouses of Ireland which guards the entrance to Lough Swilly and is one of 70 of the operational lighthouses under the control of the Commissioners of Irish Lights around the coast of Ireland.

Call into the tourist office to pick up a free map and information

Tours offer visitors an unforgettable maritime adventure of lighthouse history and heritage. The Doagh Famine Village is also a must see in this area.

#### Glenveagh National Park

Glenveagh National Park is the second largest national park in Ireland and is just 93km from Bundoran via Letterkenny. At the centre of the Park on the edge of Lough Veagh is Glenveagh Castle, a late 19th century castellated mansion, built as a hunting lodge in the heart of the Derryveagh Mountains. Errigal and the Poisoned Glen are close by the park and should also be on your photo bucket list!

## Sliabh Liag

Just across the bay from Bundoran (78km) lies the majestic Sliabh Liag. Said to be Europe's highest accessible sea cliffs, this is a walker's paradise. Check out the pilgrim's path and one man's pass for the adventurous. Make a day of it and visit the Silver Strand at Malinbeg, Glencolmcille Folk Village, drive the spectacular Glengesh Pass to Ardara and stop for some fresh sea food in one of Ireland's largest fishing ports, Killybegs, on the way home!

#### **Oakfield Park**

The epitome of hidden gems in East Donegal, Oakfield Park (75km) from Bundoran, is a privately owned estate and railway, which has won several National awards for the restoration of its gardens and buildings. Sitting in a lush landscape of parklands, lakes, mature woodlands, overlooking the distant Croaghan Mountain, the grounds include a hedge maze, sculpture and miles of walking paths.

## Visitor Directory

- Make Your Dog Smile
  West End, Bundoran, Co. Donegal.
  087 2469629
  www.makeyourdogsmile.com
  Dog Training, Tellington TT Touch Training,
  Dog Grooming
- 2 Portbeg Holiday Homes
  West End, Bundoran, Co. Donegal.
  071 9829952
  www.portbegholidayhomes.com
  Self Catering accommodation
- 3 Donegal English Language School West End, Bundoran, Co. Donegal. 071 9841288 www.donegallanguageschool.com Language School
- 4 SUP Dude
  Shene Avenue, Bundoran, Co Donegal
  071 9300930
  www.supdude.ie
  Stand Up Paddle Board Lessons
- 5 Donegal Bay Adventure
  The Pier, Bundoran, Co. Donegal
  083 1855164
  www.facebook.com/donegalbayadventure
  Surfing, Kayaking and Paddleboarding
- 6 Bundoran Post Office
  West End, Bundoran, Co, Donegal
  071 9841224
  www.anpost.com/Store-Locator/BUNDORAN
  Post Office, Agent for Bank of Ireland, AIB &
  Danske Bank
- 7 Brown Sugar Bakery West End, Bundoran, Co, Donegal 083 131 2222 www.facebook.com/ BrownSugarBakeryBundoran/ Bakery, Café, Coffee Shop
- 8 Celtic Marine Bar & Off Licence West End, Bundoran, Co, Donegal 085 1930220 www.facebook.com/celticmarinebarbundoran Bar, Off Licence, Live Music, Bar Food

- 9 Fitzgerald's Hotel & Bistro West End, Bundoran, Co Donegal. 071 9841336 www.fitzgeraldshotel.com Hotel & Ristro
- 10 Patricia's Seafood Restaurant
  West End, Bundoran, Co Donegal.
  071 9841280
  Seafood Restaurant
- 11) Birds Nest
  West End, Bundoran, Co. Donegal.
  071 9842504
  www.facebook.com/birdsnestbundoran
  Pub/Live Country Music Venue
- 12 Allingham Arms Hotel
- West End, Bundoran, Co. Donegal. 071 9841075 www.allinghamarmshotel.ie Hotel, Bar, Restaurant and Music Venue
- 13 McMorrow & McLaughlin Solicitors 8 Bayview Terrace, Bundoran, Co Donegal. 071 9841322 www.cmclassociates.com Legal Services Firm
- 14 American House
  Main Street, Bundoran, Co Donegal.
  071 9841274
  Facebook American House
  Newsagents, Gift Shop, Post Point, Toys
- 15 Madden's Bridge Bar The Bridge, Bundoran, Co. Donegal. 071 9842050 www.maddensbridgebar.com Bar, Restaurant
- Tourist Office
  The Bridge, Bundoran, Co. Donegal
  071 9841350
  www.discoverbundoran.com
  Tourist Information Office
- 17 Strands Home & Gifts Main Street, Bundoran, Co. Donegal. 071 9842255 Facebook — Strands Home & Gifts Newsagents, Gift Shop

## Local businesses are supported by

- 18 Pillbox Pharmacy Main Street, Bundoran, Co. Donegal. 071 9842396 www.facebook.com/pillbox.bundoran Pharmacy
- 19 Paraphernalia Main Street, Bundoran, Co Donegal. 071 9841376 www.facebook.com/Para4nalia Gift Shop, Tattoo, Piercing
- 20 Stakes Restaurant
  Main Street, Bundoran, Co. Donegal.
  071 9842689
  www.stakesrestaurant.com
  Restaurant
- 21 Macks Amusements & Bundoran Glowbowl
  Main Street, Bundoran, Co. Donegal.
  071 9842111
  www.bundoranglowbowl.ie
  Amusement Centre, Bowling Alley
- Www.holyroodhotel

  Wain Street, Bundoran, Co. Donegal.
  071 9841232

  www.holyroodhotel.com

  Hotel, Bar and Restaurant
- Spa at Orchids
  Main Street, Bundoran, Co. Donegal
  071 9841232
  www.holyroodhotel.com
  Japanese Garden style spa with a range of
  treatments
- 24 Surfworld Main Street, Bundoran, Co. Donegal. 071 9841223 www.surfworld.ie Surf Shop, Board & Wetsuit Rental
- 25 Waves Cafe
  Main Street, Bundoran, Co. Donegal
  071 9841777
  www.facebook.com/wavessurfcafe
  Café
- 26 Paris Nightclub Main Street, Bundoran, Co. Donegal. 071 9841257 www.facebook.com/ParisBundorann Nightclub

## Visitor Directory



27 Daisy's Diner

Main Street, Bundoran, Co. Donegal 071 9841257 Facebook - Daisy Diner American Style Diner

- 28 Waterworld
- Atlantic Way, Bundoran, Co. Donegal. 071 9841172 www.waterworldbundoran.com Indoor Family Water Park
- 29 Sands Amusements
  Main Street, Bundoran, Co. Donegal
  071 9842336
  www.sandsamusements.ie also on Facebook
- 30 Mamma Rosa's Pizzeria Station Road, Bundoran, Co. Donegal 071 9829797 www.facebook.com/mammarosasbundoran Pizza Takeaway
- **31** Olympic Amusements
- Main Street, Bundoran, Co. Donegal. 071 9841277 www.facebook.com/OlympicAmusements Amusement Centre
- 32 Railway Bar

Main Street, Bundoran, Co. Donegal. 071 9841196 www.facebook.com/the-railway-bar Pub, Live Music, Pool Tables

- 33 Kicking Donkey & George's Bar Main Street, Bundoran, Co. Donegal.
  Facebook thedonkeybundoran
  Pub and live music venue
- 8 Bundoran Physiotherapy & Massage Clinic Tourist Lodge, Main Street, Bundoran, Co. Donegal - 087 6424915 www.bundoranphysiotherapy.weebly.com Physiotherapy, dry needling, massage craniosacral therapy& other complementary therapies
- 35 Conlan and Barret Auctioneers Main Street, Bundoran, Co. Donegal. 087 9670448 Facebook - Conlan Barrett Auctioneers Auctioneers

- 36 Meehan's Travel & Auctioneers
  Main Street, Bundoran, Co. Donegal.
  071 9841762
  www.cjmeehan.ie
  Holidays/Scheduled Air Travel/Tours
- 37 Mr T's Main Street, Bundoran, Co. Donegal. 071 9833690 www.facebook.com/mrtsTakeaway Takeaway
- 38 Galley Take-Away
  Main Street, Bundoran, Co Donegal.
  071 9842266
  www.facebook.com/thegalleybundoran
  Fast Food Restaurant
- 39 Goldfinger Amusements Main Street, Bundoran, Co Donegal. 071 9842266 Facebook - Goldfinger Bundoran Amusement Arcade
- 40 Bank Bar Main Street, Bundoran, Co. Donegal. 071 9841152 www.facebook.com/BankHouseBundoran Bar and Live Music Venue
- 41 The Chasin Bull
  Main Street, Bundoran, Co. Donegal.
  071 9841988
  www.facebook.com/thechasinbull
  Bar and Live Music Venue
- 42 Sean Rua's Bar Main Street, Bundoran, Co. Donegal. 071 9841490 Facebook - The Oyster Bar Restaurant
- 43 McGarrigles
  Main Street, Bundoran, Co. Donegal.
  071 9842060
  Facebook McGarrigles Restaurant
  Restaurant
- 44 Atlantic Apartotel
  Main Street, Bundoran, Co. Donegal.
  071 9841205
  www.atlanticapartotel.ie
  Self Catering accommodation

- The Wishing Chair Shop
  Main Street, Bundoran, Co. Donegal.
  071 9841205
  www.wishingchairshop.com
  Gift and Craft Shop
- 46 51 Main Street
  Main Street, Bundoran, Co. Donegal.
  071 9841205
  www.atlanticapartotel.ie
  Pub
- 47 Eclipse Cinemas
  Station Road, Bundoran, Co. Donegal.
  071 9829999
  www.eclipsecinemas.com
  6 Screen Sony 4K Digital Cinema
- 48 BMS Warehouse Gym
  Unit 2, Bundoran Retail Park,
  Bundoran, Co. Donegal
  087 3999934
  www.facebook.com/bmswarehousegym.ie
  Gym and Community Wellness Coaching
- 49 ID Languages
  Building 2, Bundoran Retail Park, Bundoran,
  Co. Donegal
  071 9829634
  www.idlanguages.com (also on Facebook)
  International summer camp, language
  classes, cultural immersion program and B2B
  translation & interpreting.
- 50) Abode Home & Lifestyle
  Bundoran Retail Park,
  Bundoran, Co. Donegal
  071 9833400
  www.stockhouseinteriors.com/abode/
  Home, Lifestyle & Interiors Brand
- 51 Spice Waves
  Unit 5, Bundoran Retail Park,
  Bundoran, Co. Donegal
  071 9841719
  www.spicewaves.com
  Fine Indian dining and takeaway
- Mean Clean Launderette
  Retail Park, Bundoran, Co. Donegal
  086 7708882
  www.facebook.com meancleanlaundrette
  Laundry, Wash/Dry, Iron etc Full dry cleaning
  in store.

## Visitor Directory

- Goodbuys Discount Store
  Unit 1, Market Square Shopping Centre
  Station Road, Bundoran, Co Donegal
  Facebook marketsquarebundoran
  Seasonal goods, household, hardware toys,
  stationery & school uniform.
- 54 The Bike Stop
  East End, Bundoran, Co. Donegal.
  071 9842642
  www.thebikestop.ie
  Small Engines Repair
- 55 Goodies Coffee House
  East End, Bundoran, Co. Donegal.
  086 3264217
  www.facebook.com/qoodiesbundoran
- 56 Bundoran Surf Co
  East End, Bundoran, Co. Donegal.
  071 9841968 www.bundoransurfco.com
  Surf Shop, Surf School, Lodge, Board Rental
- 57 Simpson's Supermarket
  East End, Bundoran, Co. Donegal.
  071 9841656
  Facebook/simpsonssupermarketbundoran
  Supermarket
- 58 Phoenix Tavern & The Dome Music Venue

East End, Bundoran, Co. Donegal. 0719841325 - www.facebook.com/ ThePhoenixTavernBundoran/ Live music venue, bar and grill

- 59 Mullet's Barber Shop East End, Bundoran, Co. Donegal. 086 224 3271 www.facebook.com/mulletsbarber
- 60 Kernan's Spar Express & Top Oil Station East End, Bundoran, Co. Donegal 071 9829532 www.kernans.online Spar Deli, Seattle's Best Coffee, ATM and grocery essentials.
- 61 Bundoran Adventure Park
  Sea Front, Bundoran, Co. Donegal.
  071 9833006
  www.facebook.com/BundoranAdventurePark
  Family orientated amusement park, go-karts
  & adventure golf. Amusements and Carnival

#### 62 Great Northern Hotel

Sea Road, Bundoran, Co. Donegal. 071 9841204 www.greatnorthernhotel.com 4 Star Hotel, Bar, Restaurant, Conference Centre. Golf Club

- 63 Bundoran Golf Club
- Sea Road, Bundoran, Co. Donegal. 071 9841302 www.bundorangolfclub.com
- 64 Surfers Cove
  Tullan Strand Road, Bundors

Tullan Strand Road, Bundoran, Co Donegal. 087 2463756 www.surferscove.com Self Catering Accommodation

- 65 The Salty Fox Tullan Strand Road, Bundoran, Co Donegal. 083 0587928 Facebook – The Salty Fox Café
- Murf's Surf School
  Tullan Strand Road, Bundoran, Co. Donegal.
  086 1514924
  www.murfssurfschool.com
  Bike Rental, Surf School and Board Rental
- 67 Mulhern Electrical
  East End, Bundoran, Co Donegal
  086 6052077
  Domestic, Commerical & Industrial
  electrical services.
- 68 BMG Hardware
  - East End, Bundoran, Co. Donegal.
- 071 9841455 www.bmghardware.com Builders Providers, Garden Centre, Paint, Doors
- 69 Donegal Equestrian Centre Finner Rd, Bundoran, Co Donegal. 071 984 1977 www.donegalequestriancentre.com Indoor horseArena/Horse riding beach
- 70 Seclusion Spa
  Ardfarna, Bundoran, Co. Donegal, F94 HY96
  086 8722964
  www.seclusionspa.com
  Boutique spa in rural Donegal with hottubs,
  sauna, firepit & relaxation area.

## Local businesses are supported by

AIB

- 71 Campview Farm
  Finner Road, Ballyshannon, Co. Donegal.
  087 7787199
  www.campviewfarm.ie
  Farm Tours & Farm Experiences
- 22 Lakeside Centre
  Belleek Road, Ballyshannon, Co Donegal.
  071 9852822
  www.lakesidecaravanandcamping.com
- 73 Sea Sessions Surf & Music Festival

Caravans & Campsite

Bundoran, Co. Donegal info@seasessions.com / www.seasessions.com Annual music festival

74 The Courthouse
Main Street, Kinlough, Co. Leitrim
071 9842391 - www.thecourthouserest.com
Mediterranean restaurant

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"The Bundoran Weekly"
every Friday at
www.bundoranweekly.com
or your favourite podcast app
- for all the latest events and
information relating to Bundoran.

www.discoverbundoran.com



#### **RELIGIOUS SERVICES:**

#### **Roman Catholic:**

Church of Our Lady Star of the Sea, Bundoran Mass daily at 10am (except funeral days – Mass usually 11am) Sat 7pm/Sun 8.30am & 11am Up to date details & Newsletter – www.magheneparish.ie

#### **Church of Ireland:**

Finner Parish Church, West End, Bundoran 11.30am Every Sunday (Easter-Harvest)

Rossinver Parish Church, Kinlough, Co. Leitrim 11.30am Every Sunday (October-March)

#### **IMPORTANT NUMBERS:**

Gardai: 999 / 112 / 071 9841203

Fire Brigade: 999 / 112

RNLI / Irish Coast Guard:

999 / 112 / 074 9370103

HSE Health Centre: 071 9841445

NowDOC: 1850 400 911

Tourist Office: 071 9841350

Local Radio:

Ocean FM 102.5FM / 105FM

Thanks to all of those who have contributed in any way to the production of this brochure and to all the businesses in Bundoran who have contributed financially. The brochure was edited by Shane Smyth. Designed by Mark Mulholland. A special word of thanks to all of the photographers who have kindly allowed us to use their photography in the production of this brochure. Please support the photographers' instagram accounts.



## Make a date with Bundoran in 2023

DATE	<b>EVENT</b> For confirmed dates, please visit: www.discoverbundoran.com/events	VENUE	
JUN			
01/06/2023	Rory Gallagher International Festival	Ballyshannon	
02/06/2023	June Country Music Festival	Allingham Arms	
05/06/2023	JUNE BANK HOLIDAY - ROI		
08/06/2023	Keltic Country Music Awards	Great Northern Hotel	
16/06/2023 -18/06/2022	Sea Sessions Surf & Music Festival	Bundoran	
18/06/2023	FATHER'S DAY		
JUL			
12/07/2023	BANK HOLIDAY - NI		
16/07/2023	Classic Car Show	West End Car Park	
17/07/2023 - 21/07/2023	GAA Cúl Camp	Gaelic Park, Bundoran	
24/07/2023 - 26/07/2023	Donegal Southwest Links Challenge	Bundoran/Narin/Murvagh	
29/07/2023	Bundoran Bay Swim	Bundoran Pier/Tullan	
AUG			
03/08/2023 - 04/08/2023	Ballyshannon Folk & Trad Music Fest	Ballyshannon	
07/08/2023	AUGUST BANK HOLIDAY - ROI		
17/08/2023	Daniel O'Donnell	Great Northern Hotel	
20/08/2023	Ballyshannon Agricultural Show	Ballyshannon	
20/08/2023	Emergency Services Open Day (TBC)	The Pier	
27/08/2023	The Wolfe Tones	Great Northern Hotel	
28/08/2023	BANK HOLIDAY - UK/NI		
SEPT			
04/09/2023 - 07/09/2023	West Coast Challenge	Bundoran Golf Club	
22/09/2023	Culture Night	Community Centre	
26/09/2023	Christy Moore	Great Northern Hotel	
29/09/2023	Irish Surf Nationals TBC		
29/09/2023 - 08/10/2023	World Matchmaking Festival	Various Venues	
ост			
27/10/2023	October Country Music Festival	Allingham Arms Hotel	
30/10/2023	OCTOBER BANK HOLIDAY - ROI		
31/10/2023	Pumpkin Family Event & Parade	Atlantic Apartotel	
NOV			
08/11/2023 - 12/11/2023	Allingham Festival	Ballyshannon	
DEC			
23/12/2023	Annual Christmas Quiz	Chasin Bull	
25/12/2023	Annual Christmas Day Swim	Main Beach	



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Or Bundoran Tourist Office



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